

## TABLE TALK

## THE WEEKLY NOSH: CARVED MEATS AT THE CARVING STATION

You have to know a restaurant that calls itself the **Carving Station** would serve a nice roast or two. And that's very much the case at this Lake Park favorite (720 U.S. 1, 561-842-7791, [carvingstationbuffet.com](http://carvingstationbuffet.com)).

It's been at least a year since my last visit to the buffet-style restaurant, which I named Best Dining Value in my 2007 Hungries awards. And I forgot what a true value it is — just \$9.59 at dinner for the all-you-can-eat spread (drinks and dessert not included).

But key to the spread



LIBBY VOLGYES/2007 staff file photo

Roast turkey is one of the choice items served at the Carving Station in Lake Park.

are those carved meats — we're talking roast turkey straight off the bird, roast beef in all its juicy glory and more. When I came for dinner, they were carving the most perfect roasted pork loin — a Sunday special. And

all this comes with terrific sides (love the stuffing and the spaghetti and meatballs) and a decent salad bar.

Needless to say, I won't wait another year for my next visit.

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